

# Joy



**Joy** *noun*: a feeling of great happiness. A source of great happiness

True *joy* is found in God alone, the source of every good and of all love.  
CCC 1723

Joy is prayer - Joy is strength - Joy is love - Joy is a net of love by which you can catch souls.

- Bl. Teresa of Calcutta

Thank you, Jesus for these things that give me *Joy*: